

2024



Annual report



Prepared by
Ecett-Networks asbl



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About Ecett

When did the idea of creating Ecett come about?

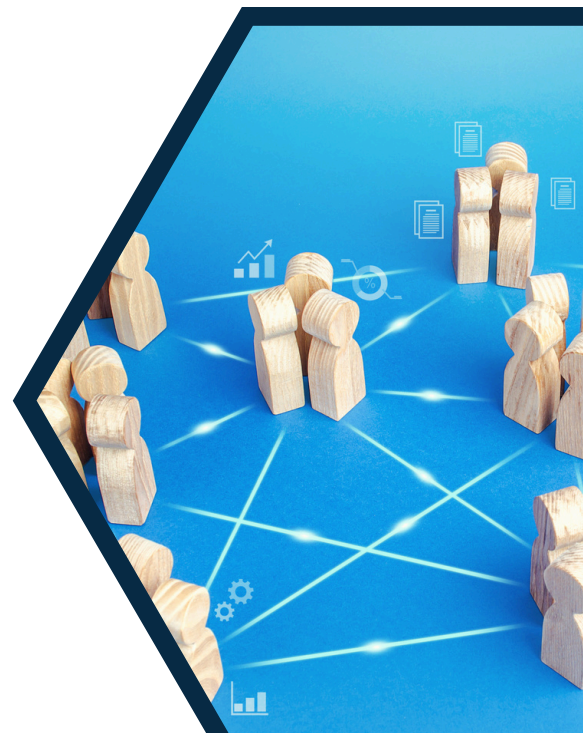
Having founded several therapeutic communities for people with addictions, I was always ready to give 150% of my energy if it meant achieving therapeutic success with our clients, but success was rare and difficult. This forced me to start benchmarking and traveling around Europe to discover how other colleagues were able to produce success stories with people with addictions. This comparative analysis was a great encouragement and inspiration throughout my career. I then had to take my team on trips, which required setting up a European exchange network.

Why did this idea come about?

In 2001, I collaborated with the Compagnons du Devoir (a training network for manual trades) to help them prevent alcoholism and drug addiction among the apprentices they were training (manual trades). During this time, I understood that the "compagnonnage" or "Compagnons" model was a relevant response to help workers in human-centered professions (e.g., addictions and social exclusion) to face the professional challenges they face. I invited the training departments of several national addiction service federations in Europe to participate in major exchange and training projects subsidized by the European Union. From 2006 to 2013, we developed three major transnational ECETT projects funded by the EU "Leonardo da Vinci" (now Erasmus+) and the ESF.

What problems did you try to solve by creating this organization?

The objective was to provide an opportunity for all employees from 12 partner organizations to meet their peers in Europe to exchange practices focused on specific issues. Indeed, drug addiction and social exclusion are multifactorial and extremely complex problems that require multidisciplinary approaches ranging from prevention and street work to professional rehabilitation, including group therapy, family therapy, and professional reintegration. 1,300 trainees traveled with Ecett between 2006 and 2022, and course evaluations revealed that 87% of trainees' learning objectives were achieved after 2 to 5 days of travel abroad. Since then, Ecett has received six training awards among the best in Europe (Peer Awards for Excellence 2014).



Our new Board



ANDREA ASCARI

PRESIDENT

Andréa is the founder of the association with Georges. He is an e-learning specialist, works at Ceis Reggio Emilia and lives in Modena (Italy), where he manages the association's e-learning tools and coordinates the new "Ecett Academy" project.



GEORGES VAN DER STRATEN

VICE-PRESIDENT

Georges, who founded the association in 2011, manages the association's projects and strategic vision. In early 2023, he announced his intention to take on a less prominent role within the association. Ecett therefore began a search for collaborators to facilitate a smooth transition in the association's management.



VANESSA TICHON

VICE-PRESIDENT

Over the years, Vanessa has held several roles within Ecett, including tutor and intern in Programs A, B, and C. These experiences have given her a deep understanding of the diverse professional approaches and cultures across Europe. She joined the governing body in 2025.



NICOLAS BOURGUIGNON

ADMINISTRATEUR

Nicolas a rejoint l'association en 2023. Il est à la tête du CEID (Bordeaux, France) et il anime les réseaux en grande partie en France, avec la « Fédération Addiction ». Nicolas aide Georges et Andrea dans leurs missions.



DELPHINE VIGNY

ADMINISTRATRICE

Delphine a rejoint l'association en 2024 en tant que représentante de l'ASBL Alises (Belgique), elle a pratiqué la méthode Ecett depuis 10 ans. Elle travaille à l'unité clinique Ellipse depuis 30 ans où elle occupe actuellement la fonction de responsable thérapeutique au résidentiel



VIRGINIE DEBAERE

ADMINISTRATRICE

Virginie est psychologue clinicienne et psychothérapeute, active dans le secteur de la santé mentale ambulatoire et en pratique privée. Elle travaille également comme auditrice indépendante pour le projet "Enabling Environment Award" du Royal Collège of Psychiatrists à Londres. Dans sa recherche doctorale, elle a levé le voile sur ce qui rend les CT efficaces. Elle a rejoint l'association en 2024.



LISA LARKIN

ADMINISTRATRICE

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NICOLAS BOURGUIGNON

ADMINISTRATOR

Nicolas joined the association in 2023. He heads the CEID (Bordeaux, France) and leads the networks, largely in France, with the "Addiction Federation." Nicolas assists Georges and Andrea in their missions.



DELPHINE VIGNY

ADMINISTRATOR

Delphine joined the association in 2024 as a representative of the non-profit organization Alises (Belgium). She has practiced the Ecett method for 10 years. She has worked at the Ellipse clinical unit for 30 years, where she currently holds the position of residential therapy manager.



VIRGINIE DEBAERE

ADMINISTRATOR

Virginie is a clinical psychologist and psychotherapist, working in outpatient mental health and in private practice. She also works as an independent auditor for the Royal College of Psychiatrists' Enabling Environment Award project in London. In her doctoral research, she shed light on what makes CTs effective. She joined the association in 2024.



LISA LARKIN

ADMINISTRATOR

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Who are we?

President - Andrea



2Co-president • es



Vanessa



Georges

are responsible together for:

- legal obligations for the NGO
- management of the team and the network
- financial sustainability

They get help from the team below:

Academy et E-Learning



Andrea

Mobility and Erasmus Questions



Paulina



Laurie



Doris

Community Manager



Olena

web site
and
social media



Stéfanie

CRM

Administration et finances



Laurie

General support for the Team



Fabienne

Members of the Board and ad hoc support



Virginie



Delphine



Nicolas



Elisabeth





Introduction

2024 was a pivotal year for Ecett. With the historic duo Fabienne & Georges having retired for many years, they announced that it was time to fill the positions of President and Coordinator. Despite a certain vitality and new people joining the Board in recent years, it has been difficult to find candidates to take over from the two people who have invested so much and who have been the faces of the network since its creation.

Under these circumstances, Ecett's survival could have become uncertain. This was without taking into account the decades-long commitment to this project and its ideals. And it was finally in September in Gdansk (Poland) that a new formula emerged, somewhere between continuity and evolution, between transmission and relay: Andrea Ascari (Modena, Italy) agreed to take over as president, and Georges van der Straten and Vanessa Tichon became vice-presidents. In addition to the administrators, a new team of volunteers was added to fulfill other functions: validation of best practices, assistance with Mobility applications, publication of testimonials, etc.

The first meetings confirm this choice and its benefits, and the links with the volunteer team are being built to continue promoting the network and bringing it to life among all our members, both historical and future.



Annual activities

INTERNATIONAL INTERNSHIPS AND ACTIVITIES

In 2024, 90 people defined their learning objectives and started an internship thanks to Erasmus+ Mobility grants (EU).

Institution - Country - Nb. Mobility - Destination

Caritas Malta Malta 23 Barcelona Civitavecchia- Cork - Modena - Gdansk

Street Infi Belgium 22 Finland - France - Ireland - Norway - Spain - Portugal

De Kiem Belgium 12 Italy - Greece - Amsterdam

Ceis Formazione Italy 8 Spain - France

Coolmine Ireland 8 Italy - Czech Republic - Belgium - Spain

Magdalena Czech Rep. 7 Spain - Belgium

Thais Liège Belgium 6 Paris - Madrid

CEID France 4

SYNTHESIS

In total, in 2024, member associations have:
sent 90 Mobility trainees

- welcomed 2 interns (+ external hosts). New partners such as Street Nurses visited new hosts in their area who had not yet returned their partnership agreement and whom we call “potential hosts”. Due to administrative delays on the part of some partners, very few hosting activities were recorded in 2024.

(The ten most active partners in 2024 will be granted voting rights at the Ecett Networks general meeting in 2025).

Observations:

Caritas Malta and Infirmiers de Rue Belgique are the most active teams in the network: 23 and 22 trainees sent abroad.

- The following partners will therefore be active members: Caritas Malta, Infirmiers de Rue, De Kiem, Ceis F, Coolmine, CEID, Magdalena, Asbl Thais, Fédération Addiction (not Mobility as such but partner in a large European project with Ecett), Proyecto Hombre (Mobility but not listed)
- In 2024, the French-speaking partners were the most active in the network, and this is due to the fact that Ecett is mainly known in French-speaking Belgium.
- administrative delays on the part of certain partners mean that we have not been informed of all the internships

BEST PRACTICES

21 best practices have been added to the Ecett best practices database:

31 interns wrote 21 Best Practices, but, following the disorganization of the Ecett team in 2024, only 12 were validated and published in 2024 on the Ecett platform.

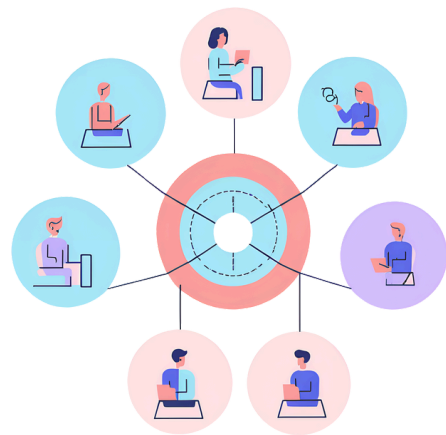
- **There were no best practices presented by experts during the Academy webinars.**



Support from the Erasmus+ Programs

KEY ACTION 1: APPLICATIONS FOR MOBILITY GRANTS

The fragility and fatigue of the Ecett team in 2024 meant that we were unable to support teams in developing Mobility projects.



KEY ACTION 2 PARTICIPATION IN ERASMUS+ PARTNERSHIP PROJECTS

QEctt has been included in two “Partnerships” projects.

- UCAIRE introduced by Fédération Addiction, France, Theme: Mobility, Academy and EFTC 2026 Conference.
- Fresh Start introduced by Projecto Homem, Portugal, Theme: justice, addiction and professional reintegration.

The UCAIRE and Fresh Start projects were selected.



The Ecett Academy

A team of partners was formed to implement the Ecett Academy and the website www.academy.ecett.eu was created. This presents two databases:

- a database brings together the profiles of 40 trainers
- another database includes all available courses

These two databases constitute the Academy's catalog.

After its official inauguration at the EFTC conference in Glasgow in September 2022, the Ecett Academy took its first steps for trainers and learners between Belgium, Guyana, and the DRC. It involved coaching and training. The most interesting experience was concluded with the Guyanese CT AKATIJ, which had ordered 10 team training sessions via videoconference with Leonardo De Bari as trainer, followed by two team training courses in Belgium for a group of six and a group of five Guyanese educators. They completed a ten-day course spread between Phénix Namur and Trampoline. The feedback from the participants and their management was excellent. However, the course run-in period provided an opportunity to identify weaknesses that needed to be addressed:

- The catalog of training courses and trainers is not user-friendly and has too few non-Italian trainers.
- The concept of a network of online and customized training courses is still too little known and will require effective and repeated promotional actions.





The non-profit organization

In accordance with the new CSA code governing non-profit organizations in Belgium, boards of directors are now called Administrative Bodies. In 2024, the presidency of the Ecett-Networks Administrative Bodies passed from Georges van der Straten to Andrea Ascari. Two vice-president positions were created and assigned, one to Georges van der Straten and the other to Vanessa Tichon.

Ecett Team:

Ecett-Networks is a vast European network but a very small association. In 2023, 13 people contributed to Ecett-Networks' activities.

A permanent team (Per.) works part-time every week.

The Administrative Body meets 4 times a year (OA)

Steering Committee: it met for half a day in Gdansk (Poland) in September 2024 (CP)

The Academy team meets monthly via videoconference (Aca.)

VISIBILITY

Bulletins :

Two Ecett newsletters were emailed to our 850 contacts. They include presentations of best practices for webinars. The mailings were delayed due to the very slow rollout of the new address list on Suite-CRM.

Social networks:

Ecett is present on Facebook and LinkedIn with interesting posts:

<https://www.facebook.com/EcettNetworks/>

<https://www.linkedin.com/company/ecett-networks/mycompany/>



373 subscribers



286 subscribers

FINANCES

Ecett-Networks' revenues come from three sources:

contributions from partner associations that have carried out Mobility internships and who contribute €140 per internship: €13,860

1. Donations: the King Baudouin Foundation: €5,000 granted in 2024 by the Arnould van der Straten Waillet Fund.
2. The partnership with Fédération Addiction (France) and Proyecto Braga (Portugal) awarded us an amount of €16,602 for our actions in these projects.

1. Total revenue in 2024: €35,547

The total expenditure was €17,139.46.



Conclusion

The year 2024, although eventful due to changes in our governance (new President) and in our operations (new group of volunteers), our activity was more than honorable in terms of the number of internships carried out and various projects.

90 mobilities within the framework of international mobility internships, with professionals mainly from 7 countries, but also the development of the Ecett Academy offer and 3 support projects (in Belgium, France and Africa), and the implementation of two partnership projects “Freshstar” and “Ucaire”.

The first involved 4 countries and around twenty professionals, the second is the culmination of work that gave rise to a structuring partnership with the Addiction Federation in France, representing 90 associations and 850 establishments in the field of addiction for a first experience of support in European mobility.

Our database has been strengthened with around twenty new Best Practices and we are looking towards 2025 with the desire to rely on these new collaborations and partnership arrangements to strengthen our network and the foundation of our project, the exchange of practices and the community of knowledge.



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