

Italian Erasmus+ project in the Youth sector.

Ecett-Networks provides support to the association Il Ponte (<http://www.ilpontecivitavecchia.it/>, Civitavecchia, Italy) to introduce a Mobility dossier in Italy.. Il Ponte is a therapeutic community for adolescents who abuse drugs and is building a consortium with other Italian therapeutic communities (affiliated to the FICT <https://www.fict.it/chi-siamo/>) to organize exchanges of practices in Europe in the youth sector (prevention, treatment and families) . This Mobility project, in which around 10 Italian TCs participate, should run from 2021 to 2023 and allow twenty-five Italian staff to meet their colleagues for 2- to 5-day internships abroad. Organizations having services (residential or not) that deal with prevention and young consumers can participate in the project by opening their doors to their Italian colleagues (number of internships depending on the capacity of the hosts). Response to centrostudi@ilpontecivitavecchia.it or contact@ecett.eu

Presentation of Il Ponte, the leader of the consortium

<http://www.ilpontecivitavecchia.it/>:

THERAPEUTIC COMMUNITY FOR YOUNGSTERS

"Il Ponte Centro di Solidarietà", since 1978 carries out its activity with an apolitical and non-confessional program, born initially as an educative service, then, recognized as an integrated therapeutic-rehabilitation community. The program welcomes children aged 16 to 22 with addiction and / or risk problems.

The personalized interventions of this project puts the human being at the center and is aimed at the growth and formation of the young person's psycho-physical structure, so that he becomes the protagonist of his life.

Although the program is unique and unitary in its objectives, it differs in the methodology in individual and personalized growth stages that take into account the psychological, educational, social and cultural components of each.

[https://lh3.googleusercontent.com/llwlUNoUQD_k01osslJc1HgHA6zR_3BmahcZl9V0ZtraU-PHLQuo5kBqBUrvrsMM8rYKpHwJ9OjYFITwinDcStGY45Y6eV90ut11GY63_LKjXdTWdF7plCmEddG-pYWaPr8EOtC]

The steps are as follows:

* Welcome phase (residential): youngsters are welcomed and educated to a daily life made of respect for themselves, the environment, relationships with peer groups, organization of their time-space.

Already in this first phase, a personal "work" plan is defined which involves the involvement of the family and / or other significant people.

* Community (residential): phase of transition "from individuality" to "community" through individual and / or group work on oneself, family, sexuality, communication, sense of living and dealing with others, participation in creative activities and recreation, meetings with the family: every boy's or girl's primary system.

* Social reintegration (residential): what is known about oneself is concretized, for a proactive return to the social environment until the last separation, after which periodic moments of return are foreseen for the personal verification of the boy/girl and family.

The children together with their families work to reestablish proper communication and take back their lives in own hands. The therapeutic objective is reintegration in studies or profession become fundamental points of the growth path.

The school

The school is a goal of the recovery and the rehabilitation path, during which all the children start studying again from where they left off. In addition, all users take a driving license.

Young users who are unable to expand their schooling are still included in professional training courses in order to provide adequate social reintegration tools.

Parallel family involvement

From the moment of entry into the program, the whole family (except minors) is taken over by parallel family involvement, which will take care of giving support and information through individual interviews and self-help groups.

The goal is to encourage the restoration of healthy communication in the family system, in fact the

therapeutic program, while promoting a serene and caring climate, is not a happy island, nor an alternative family.

The main task, on the other hand, is to allow the user to get out of a marginalized condition, to give different reading tools of himself, and help him to a new insertion in society and in the family, as a person capable of giving answers and make informed choices.

Spirituality week

The last week of July has become a very significant appointment included in the week of residential community sharing, which involves educators, parents, children and volunteers.

The boys take a week of shared walking along spiritual paths (via Francigena, Camino de Santiago, etc.), at the same time their parents go to live in community, fully following the rules, the objectives, the scanning of time and management everyday like children.

The staff is made up of a team of Professional Educators, Social Healthcare Workers, Psychologists, Psychiatrist, Doctor, Social Worker and expert Family Consultants.

PREVENTION

In the field of primary prevention, the Center has activated the following services in the area:

1. Relational Consultancy Centers in schools and on the territory
2. Self-Help Groups
3. Courses for educators, families, volunteers, teachers of all levels and degrees, Family consultants school
4. Prevention, training and recovery training courses for children, preadolescents, adolescents on ludopathies, addictions, integration, immigration, etc.
5. Aggregation-integration centers for teenagers, Recovery and school support courses
6. Study center, library, video library, photographic archive

7. Permanent observatory on minors (database)

8. Social, provincial, regional, national planning

They are active during school hours, in schools of every order and grade starting from kindergarten. The counseling centers are aimed at students, parents, teachers and ATA staff. And they are activated following the request of the schools. They welcome those who need to find answers to relational and communicative problems (relationship problems with parents, peers, teachers, individual distress, etc.). During the counter hours it is also possible to organize class meetings on specific issues or problems that emerged in the class groups.

The staff is made up of a team of experienced psychologists, psychotherapists and family consultants.

Socio-working reintegration

Since 2018, Il Ponte has also activated a new structure with free listening, advice, legal and medical helpdesks, and a "La Formica" youth hostel for the reintegration of women out of the therapeutic programs of the Ass. Il Ponte. For a year they can work and improve their curriculum before finally leaving the community path.