

Lifelong Learning in the sectors of youth, social work and addiction

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www.ecett.eu

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New hosts

Janus Solutions, London, UK





The Janus approach is based on the empowerment of drug and alcohol users to change their relationship with the product. We use language to motivate and help the client explore this relationship. We believe that customers have a choice and that our role is to help them making their choices and informed decisions. This approach is based on our "The resonance factor" model.

The Resonance Factor is a concept developed by Janus Solutions, that stands aside from other models such as 12 -step, cognitive behavioural therapy, harm reduction, psychotherapy and other culture specific interventions. Yet it is a model that can be readily used in conjunction with these approaches as it is designed to complement, rather than detract from those theories or approaches.

Services:

- Day Programme.
- Counseling.
- Aftercare.
- Private client programme.
- Parenting programme.

Web: http://www.janussolutions.co.uk/

Contact: kenneth@janussolutions.co.uk

L'Envol, Saint Brieuc, France





Association Educative Protection de l'Enfance

L'Envol promotes empowerment and development of adolescents, and children, particularly in the context of inadequacy, disability or exclusion.

Services for children from 6 to 13:

- Educative shelters.
- Emergency welcome. Observation.
- Indoor shelter for schooled children.

Services for adolescents from 13 to 18:

- · Family shelters and life spaces.
- Stays and placements abroad.
- Expression activities.
- Small and collective accommodation, studios.

Services for 18 to 21:

Reintegration projects.

web: www.envol22.fr



Europe



Czech Republic The Best Project in Adult Education Erasmus+



Magdalena, o.p.s. and Ecett

Magdalena, o.p.s. has been blessed with the FIRST PRIZE among the

Erasmus+ Adult Education Projects in the Czech Republic. During a special Gala Tribute, Marketa Dolejsi, the Ecett Help Desk, received a wonderful token of appreciation on December 6, 2018 in Prague. "The evaluators appreciated mainly the Ecett method of sharing and learning via the journeymen process across the European partners network" Marketa says. "The Prize be-



longs to our partners just as much. Without their efforts and hard work out of their normal scope of work, this project would be just a "nice to be". Partnership, vision and cooperation is what brings us together and it is an essential aspect of Ecett Networks and of our individual Erasmus+ projects. We are happy to share this news and thank each partner and Ecett members for helping us making Ecett a fantastic way of capacitating our colleagues and professionals in the field of addiction through traineeships. Magdalena, o.p.s. has been involved in international cooperation, especially in Ecett traineeship program for a few years now and we hope this will last for many more years ahead for it simply makes the most of sense. Sincere Congratulations to us all!

Erasmus+ Mobility Grants....



You work in the youth sector and you want to get mobility grants for your colleagues? Here are the next steps to apply to your national agency:

Mobility of youth workers:

- 30 April 2019
- 1er October 2019
- February 2020

If you work in the adult education sector, the next deadline is February 2020.









News from our hosts

Summer Course on ART in Greece





EAEA organises a 7-Day_Summer Course about transformative learning through the use of art. This summer course will be held in Crete (Greece) in May, 2019 and it is organized by Hellenic Adult Education Association. The Summer Course is addressed to acade-

mics, researchers, school managers, adult educators, trainers and students of humanities and arts.

Objectives: Participating in this Summer Course, the trainees will be able to upgrade their skills by mastering an innovative method: fine arts works, cinema and ancient drama will be used in their teaching.

The participants will be provided with stimuli that will enable them to thoroughly understand and enjoy art and its use for educational purposes. Moreover, they will get practiced in a way to critically approach social, moral, and philosophical issues, such as discrimination, domination, race/ethnicity and gender.

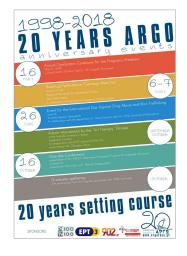
Finally, those who teach will enrich their educational skills in order to encourage the development of critical and creative thinking of their learners through working with Art.

https://eaea.org/event/7-day-summer-course-transformative-learning-use-art-emphasis-use-cinema-fine-arts-ancient-drama/

Celebration for the 20 years of ARGO, Greece

As part of the celebration for 20 years ARGO, various events took place from May to October 2018

- Annual graduation ceremony for the Program Members.
- Theatrical performance "Getaway Mind Trip".
- Event for the international day against drug abuse and illicit trafficking.
- Artistic intervention by the "Art Therapy" Groups.
- One day conference were ARGO was presented.
- Graduates gathering.



Intersectoral Immersion Course RHÉSEAU, Belgium.



A new partnership has been established between Ecett and RHÉ-SEAU's cross-sectoral liaison and consultation program. RHESEAU is

one of the 10 Belgian mental health networks for children and adolescents whose mission is to implement on the ground the new policy on child and adolescent mental health (2015).

The process of valuing knowledge in the field (bottom up) is the link between Ecett and CLI. It aims in particular to exchange and develop skills and field experiences between professionals in the areas of mental health,

health care, social action, personal assistance and social sectors.

Concretely, the Ecett project offers an alternative to classical training. The originality of this course is to propose, on the basis of a formalized method, internships at the local, provincial and national levels (not requiring a mobility grant) by encouraging immersion of two to five days at the partners' organization working in same or other areas. The aim is to promote mutual knowledge and collaboration around young people.

More information : www.rheseau.be

Testimonials

Françoise Binamé





This internship is a real success. It seemed short to me, so rich was it. Having experienced this internship, we say that we must further develop the exchanges with our partners in Belgium and continue to meet them, for example

in the context of platforms or network meetings. When people know each other, see each other and put a face to a name, the work is facilitated, which can only be beneficial for the public with whom we work.

Lucie Doležalová



from Magdalena, Czech Rep /Kethea Greece.

My participation in the internship was a great professional and life experience. It gave me the opportunity to look into the system of addiction treatment in another country, to experience self-help in another

country, to discuss my knowledge and experience with colleagues in another country.

Dominique VERWEIRE



from «les petits sapins, Belgium / GruppoCeis , Italy

I retain that the person is at the center of care, not the difficulty. The educator, the social worker must be above all someone humble and flexible otherwise the work is impossible. We must be able to go to the teen without waiting for him to move.

Xavier DEWAELE



from « La Cordée »,Belgique /Ceis Modena, Italie

This internship allowed us to discover other management methods, and to obtain a lot of information. I discovered another type of management including the questionnaire "Organizational Climate and

Employee Welfare" developed at CEIS. We were able to discover the spirit of the "Ecett" journeymen network.

Good practices





"Learning to handle emotions" in Projecte Home Barcelona, Spain by Niki Panou d'ARGO, Greece



During my visit to the the Therapeutic Community of Proyecto Hombre Catalunya, in Montcada i Reixac, I had the opportunity to experience the way their therapeutic groups work and the tool they use to help their members.

The therapists ask the group's members to write down some aspects of their daily routine, especially for the weekends where they are on leave. One other thing that they are asked to write down on a daily basis, is the feelings that they have felt during the day.

Each member is asked to write down on a simple piece of paper, some details about their feelings. First, they write their name and the name of their paper's recipient. (For example: From Nicki to Maria.) Then they write a couple of sentences about :

- 1. The specific fact that happened.
- 2. The feeling that prevailed.
- 3. The thoughts they made.
- 4. What was their need.
- 5. What were their actions.

After they write the paper, they keep it in their envelopes until their next group.

Afterwards, each member of the groups gives these pieces of paper to the group therapists. They can discuss about some of them in group and express their feelings with more detail. That way they can also get feedback about the way they chose to act on their feelings. The therapist reads all the papers and later talks with all the staff about them.

More details on the Ecett e-learning platform : http://www.ceisformazione.eu/moodle_ecett/





